Always wear gloves when putting the NASG on a bleeding woman.

Place the NASG under the woman

If she can help, first have her raise her feet

Then place her feet on the bed (not the NASG)

Have her raise her hips while you slide the NASG under her

Place the ball in segment #5 over her navel for fit, but do not close segments #5 and #6 until the end of the application

Start at the ankles, close segment pair #1 (or #2 for short women) around her ankles. Check for tightness by pulling up on each segment with your finger, let go, it should make a sharp

Close segment pair #2 as tightly as possible; snap each segment

Close segment pair #3 as tightly as possible; snap each segment

Close segment #4 around the woman’s pubic bone and pelvis

Put segment #5, with the ball, over the woman’s navel

Close segments #5 and #6 as tightly as possible

Ask the woman if she can breathe normally

Only one person should close segments #4-6

Continue emergency care of woman with hypovolemic shock and obstetric haemorrhage